



FAQS

Frequently Asked Questions on Blood Glucose Meter Supply Coverage

What Blood Glucose Meter and supplies are preferred on my insurance plan?

The preferred meters for employees and dependents are the One Touch Verio Flex and the Accucheck Guide. Supplies for the meter include blood glucose test strips and lancets. Please note that lancets and strips must be obtained at the same time to avoid a copay.

Does Insurance cover the cost of the Blood Glucose Meter and supplies?

This meter is provided at no cost with training from the AMERICAN Diabetes Management Program. The AMERICAN Health Plan provides coverage for 80% of blood glucose meter supplies with an employee responsibility of 20%. If you participate in the Diabetes Today program and meet certain criteria, there is no cost to you for the supplies.

Who is eligible for this benefit?

Employees, and spouses that are on the AMERICAN Health Plan are eligible.

How do I qualify to receive my blood glucose test strips and lancets at no cost?

1. Be covered by the AMERICAN Health Plan.
2. Participate in the **AMERICAN Diabetes Management** program by attending at least 1 class each year and:
3. Provide to the AMERICAN Diabetes Management program the results of two (2) A1C tests from your physician or primary care provider each calendar year. One test result should be provided every six (6) months. (If the second A1C is not submitted within 7 months of the first, you will no longer be eligible for your testing supplies until that A1C is completed and provided.)

How do I register for a class?

You may also call the Eagan Center for Wellness at 205-307-2745 or email wcenter@american-usa.com. Classes are taught by a Certified Diabetes Educator.

If I have questions about my eligibility whom do I call?

Call the Wellness Center at 205-307-2745 or email wcenter@american-usa.com.